

CURRICULUM VERONICA ALLEGRETTI

Current position

1/02/2023 – ongoing

Post-doctoral researcher University of Turin, Italy

Title: “The Role of Ecosystem Services in the Construction of Urban Food Policy (PRIN 2020),” as part of the project “EMPLACING FOOD. Narratives, policies and spaces in Italy. Rethinking the territorial dimensions of food, in the challenges of justice, sustainability, cultural identity and local development.”

Activities:

- a) Managerial and scientific support to the coordinator.
- b) Supporting research design and development.
- c) Writing scientific articles
- d) Communication and dissemination of results

Scientific Responsible: Prof. Egidio Dansero

Department of Cultures, Politics and Society, Università di Torino

Qualifications and training

November 2019 - May 2024

PhD in Sociology and Methodology of Social Research (SOMET).

Thesis title: “Practicing food in poverty. A study on the right to healthy food in Turin”.

Supervisor: Prof. Roberta Sassatelli

Department of Cultures, Politics and Society, University of Turin - Department of Political and Social Sciences, University of Milan.

Thesis discussed on May 21, 2024.

Other Training Experiences in Italy and abroad

6–10 June 2022

Workshop “Which sources in times of transition?”

Department of Cultures, Politics and Society, University of Turin, Archivissima Festival.

15 January 2022 – 15 April 2022

Visiting PhD Candidate

Unesco Chair “World Food Systems” – CIRAD Montpellier

Welcoming professors: Prof. Nicolas Bricas, Prof. Olivier Lepiller.

14–18 June 2021

Summer School “NASP - Collegio Carlo Alberto Days 2021: Frontiers and Methods in Social and Political Science”

Turin, Collegio Carlo Alberto.

Main Academic Research Experiences

September 2025-ongoing

Mission Forum Metropolitan City of Turin – fostering school canteens sustainability

Project financed by the Metropolitan City of Turin

Scientific coordination: Prof. Egidio Dansero, University of Turin.

Project goal: elaborate and validate a set of strategic drivers for change, in order to guide Metropolitan socio-economic development.

Role: research organization, theoretical-methodological framework construction.

August 2025-ongoing

Germonte 7. Towards a Chiusella Valley's Food Community.

Project financed by Piedmont Region.

Scientific coordination: Prof. Egidio Dansero, University of Turin.

Project goal: analysis of Chiusella Valley's food system and actors. Preliminary study for the creation of a Comunità del Cibo.

Role: research organization, support in partner activities' coordination, theoretical-methodological framework construction, fieldwork.

April 2025-ongoing

Food Reborn Community Cares

Project financed by Compagnia di San Paolo Foundation.

Scientific coordination: Dr. Alessia Toldo, University of Turin.

Project goal: Food Reborn CC aims to develop an innovative social economy tool to address food poverty in its social and psycho-emotional dimensions, while simultaneously reducing food waste in urban contexts.

Role: Support the management of the lead unit, research organization, coordination, theoretical-methodological framework construction, fieldwork.

January 2025 – ongoing

Youth and the sense of work.

Scientific coordination: Prof. Sonia Bertolini, prof. Valentina Goglio.

Project financed by the Compagnia di San Paolo Foundation

Project goal: Study expectations, desires, imaginaries, and strategies of young people entering the labor market, their social representations of work and the sense they give to it.

Role: research design, theoretical-methodological framework construction (survey, qualitative interviews and focus groups), report writing.

September 2024 – ongoing

PNRR OnFoodAtlas. Italian local Food Atlases as basis to build a national observatory on local food policies: Watching, Organizing, Researching and sharing Knowledge through a digital participatory platform for citizens and policy-makers.

Scientific coordination: Prof. Egidio Dansero, University of Turin.

Project goal: OnFoodAtlas project aims at: 1) create a model of Local FAs that can be adopted by local governments in developing integrated food policies and setting-up a digital platform connecting the Italian Local Food Atlases to support the National Observatory of Local Food Policies to monitor and analyse the development of local integrated food policies in Italy; 2) activate 4 new Local Food Atlases in significant Italian geographical contexts (follower areas) characterised by conditions of particular vulnerability/potentiality of the local food system, also through creative tools aimed at including vulnerable groups; 3) developing a digital ecosystem, toolkits and guidelines accessible to the all actors involved in local food systems, complementing the Local Food Atlases and the National Observatory to improve participatory processes in integrated local food policy making.

Role: Support the management of the lead unit, research organization, coordination, theoretical-methodological framework construction, fieldwork.

2021-2025

PRIN “EMPLACING FOOD. Narratives, policies and spaces in Italy. Rethinking the territorial dimensions of food, in the challenges of justice, sustainability, cultural identity and local development”

Scientific coordination: Prof. Egidio Dansero, University of Turin.

Project goal: The project aims to critically rethink the food-space relationship, particularly focusing on urban and local scales, to contribute to new food policies addressing multiple dimensions of the food system, such as food security, access to food, democracy and food justice, food-health nexus, environmental impact and climate change, production-consumption relationships, landscape management, land use, foodscapes, technological innovation in food chains, food waste, and cultural and social values linked to food.

Role: Support to the lead unit and collaboration on WP5 “Food Poverty”; research organization, coordination, theoretical-methodological framework construction, fieldwork.

2021-2024

H2020 FUSILLI “Fostering the Urban food System Transformation through Innovative Living Labs Implementation”

Actions CIA4, GIA4, Food Poverty – In collaboration with the City of Turin

Scientific coordination: Alessia Toldo and Veronica Allegretti

Project goal: Within the broader project framework, the action on food poverty aims to reconstruct the landscape of policies and initiatives carried out by the City of Turin in terms of food assistance. Part of the project is conducted in collaboration with the Working Group on Food Poverty of the Italian Network of Local Food Policies, Action Aid Italy, and the Eufemia association.

Role: Research organization, coordination, theoretical-methodological framework construction, fieldwork.

2021-2024

“Youth and Post-Pandemic”

Research in collaboration with the University and Professions Observatory and the Luigi Bobbio Center

Scientific coordination: Prof. Sonia Bertolini

Project goals:

Analyze the socio-emotional and work conditions of youth in the post-pandemic period.

Investigate the consequences of the Covid-19 health and social crisis on young people's psychological well-being.

Explore learning experiences during and after the pandemic, especially students' evaluations of distance learning and return to in-person education.

Study expectations, desires, imaginaries, and strategies of young people entering the labor market post-pandemic.

Role: Questionnaire development and dissemination, data analysis, report writing.

2021- ongoing

Collaboration with the Food Atlas of Metropolitan Turin

Project in collaboration with the Polytechnic University of Turin, University of Gastronomic Sciences, and the Turin Chamber of Commerce; funded by the University of Turin.

Scientific coordination: Prof. Egidio Dansero

Project goal: Analysis, representation, and communication of the food system of Metropolitan Turin. Support for Turin's food policy. Research on urban food planning.

Role: Participation in scientific and action-research activities, especially on food poverty.

Main outputs: Dissemination of results, territorial facilitation, research reports.

2022

September–December 2022

EIT FOOD “Missions Programme Co-Design. Mission Area 3: A Fully Transparent, Resilient and Fair Food System”

Project in collaboration with Queen's University of Belfast, University of Cambridge Institute for Manufacturing, Austrian Competence Centre for Feed and Food Quality, Safety and Innovation

Scientific coordination (local unit): Prof. Carlo Genova

Project goal: Development of a research roadmap.

Role:

- a) Participation in Steering Group Meetings;
- b) Literature review, startup analysis, mapping of ongoing activities and funding;
- c) Support for the development of the research strategy and tools;
- d) Stakeholder engagement;
- e) Participation in the research roadmap co-design workshop;
- f) Support in the validation and analysis of results;
- g) Support for roadmap validation, approval, and dissemination.

Main output: Research roadmap.

September–December 2022

Turin Food Metrics Report 2022

Project in collaboration with the City of Turin (Environment Department)

Scientific coordination: Prof. Egidio Dansero

Project goal: Updating a set of indicators for assessing the food system of Metropolitan Turin.

Role: Research support, focus on marginality, food service, and food-health relationships.

Main output: Report.

March–December 2022**“Youth and the Pandemic”**

Research in collaboration with the University and Professions Observatory and the Luigi Bobbio Center

Scientific coordination: Prof. Sonia Bertolini

Project goal: Analysis of the socio-emotional and working conditions of young people.

Role: Data analysis, report writing.

2021**Co-coordinator of the research project: “Food Poverty in Turin”**

Scientific coordination: Alessia Toldo and Veronica Allegretti

Project goal: Monitoring and analyzing food poverty in Turin.

Role:

a) Design and administration of a standardized questionnaire to a sample of food aid beneficiaries, aiming to produce the first monitoring report on living conditions in food poverty in Turin;

b) Statistical data analysis.

Main outputs: Reports, academic articles.

Academic Teaching

Current positions:**March 2023 – ongoing**

Lecturer in Data Analysis and Research Tools in Psychology, Master’s Degree in Clinical Psychology and in Work Psychology

Salesian University Institute of Turin (IUSTO)

October 2023 – July 2025

Tutor for students in the course Sociology of Work, Bachelor’s Degree in Labor Consultancy and Human Resource Management

Course coordinator: Prof. Sonia Bertolini, University of Turin

Past experiences:**May 7, 2025**

Lecture at the ILO Campus of Turin (Italy), titled “Food and inequalities in the international arena”, Master in Management of Development.

April 6, 2025

Lecture at the Doctoral Program in Civil, environmental Engineering and Architecture, University of Gorizia (Italy), titled “Cibo, povertà e reddito a Torino, Profili, forme plurali di vulnerabilità e sistema di assistenza”, with Dr. Alessia Toldo.,

May 2023 – October 2023

Co-lecturer in the course International Cooperation and Development, Master’s Degree in Area and Global Studies

Course coordinator: Prof. Egidio Dansero, University of Turin

February 14, 2023

Seminar lecture titled “Doing Research”, first-level Master’s in ICT4D and Social Good
University of Turin

September 2022 – October 2023

Teaching assistant in the course Sociology of Work, Bachelor’s Degree in Political and Social Sciences and Bachelor’s Degree in Labor Consultancy.

Course coordinator: Prof. Sonia Bertolini, University of Turin

1 May 2020 – 31 May 2021

Teaching assistant in the course Comparative Social Systems, Bachelor's Degree in Political and Social Sciences

Course coordinator: Prof. Mariolina Graziosi, University of Milan – La Statale

Participation in Networks, Research Centers, Editorial Boards

Member of the Italian Network of Local Food Policies (<https://www.politichelocalicibo.it/>) – Coordinator of Working Group on Food Poverty

Affiliated researcher with the Food Atlas of Metropolitan Turin (<https://atlantedelcibo.it/>)

Affiliated researcher with OMERO, Interdepartmental Research Center on Urban Studies

Member of the editorial board of JUNCO (Journal of Universities and international development Cooperation), scientific journal for Area 14 (Sociology)

Member of the editorial board of Re|Cibo (Journal of the Italian Network of Local Food Policies)

Member of the Food Studies Lab, University of Turin

Participation to conferences organization

September 3-5, 2025

XXXIV Geography National Congress, held in Turin

January 30-31, 2025

VIII National Meeting of the Italian Network of Local Food Policies, held in Turin

Conference Session Coordination

Session 63 “Diritto al cibo e solidarietà alimentare: geografie, pratiche e politiche”, with Dr. Alessia Toldo, within the XXXIV Geography National Congress, September 3-5, 2025, Turin (Italy).

Main Conference Presentations

2025

Presentation titled: Between Charity and Rights: The Evolving Landscape of Urban Food Assistance, with Dr. Giuseppina Bifulco and Dr. Alessia Toldo, within the 13th International Conference on Innovation in Urban and Regional Planning, September 8, 2025, Pavia (Italy).

Presentation titled: A New Analytical Perspective on Food Welfare? Reflections from the Turin Case, with Dr. Giuseppina Bifulco and Dr. Alessia Toldo, within Royal Geographical Society Annual Conference (2025) University of Birmingham Session “Forging Creative Responses to Food Poverty: Voices, Interventions, Geographies”, August 26th - 29th, 2025, Birmingham.

Presentation titled: “Revisiting the City-Region Concept in CRFS: Bridging Theory, Methodology, and Application in the Context of Turin, Italy”, with Dr. Riccardo Giovanni Bruno, Prof. Egidio Dansero and Dr. Tommaso Tonet, within the AESOP 2025 Conference, July 8th, 2025, Istanbul (Turkey).

Presentation titled: “WP5. Food/Spaces relationship and the challenge of access, social inclusion and food justice”, within the final meeting of PRIN Emplacing Food project, July 4th, 2025, Lecce (Italy).

Presentation titled: “Food Policy Council in Turin”, with Dr. Riccardo Giovanni Bruno, Prof. Egidio Dansero and Dr. Tommaso Tonet, within Food Policy Councils in Action: Experiences, Lessons, and Work in Progress, American University of Rome, June 20th, 2025.

2024

Presentation titled: Who feeds the poor? Prime riflessioni sulla redistribuzione delle eccedenze alimentari a Torino, with Dr. Giuseppina Bifulco, within the XIV Interdisciplinary Study Day “Beyond Globalization”, December 6, 2024, Firenze (Italy).

Presentation titled: “Giovani, emozioni e vita quotidiana: un confronto tra periodo pandemico e post-covid”, with Prof. Sonia Bertolini and Dr. Eleonora Vandoni, within the Italian Sociological Association Conference “Emotions and reason in neo-liberal societies”, September 18-20, 2024, Lecce (Italy).

Presentation titled: “La qualità del lavoro per i giovani nel post-pandemia”, with Prof. Sonia Bertolini and Dr. Elena Gobbino, within the EspanET Conference, September 4-6, 2024, Naples (Italy).

Presentation titled: “The role of food movements in catalyzing Urban Food Policies. The Punto al Cibo network in Torino”, with Prof. Egidio Dansero and Dr. Riccardo Giovanni Bruno, within the XI AESOP Sustainable Food Planning Conference, June 19-22, 2024, Bruxelles (Belgium).

Presentation titled: “Is there a right scale of food systems? On the social and ecological implications of the multiscale of food”, with Dr. Karl Kraehmer and Dr. Alessia Toldo, within the ESEE-Degrowth Pontevedra 2024, June, 18-21, 2024, Pontevedra (Spain).

Presentation titled: “Povertà alimentare e rappresentazioni del merito: i casi di Torino e Roma”, with Dr. Francesca Benedetta Felici, within the XXIV Meeting of Young Scholars - Sociology for the Person, June 28, 2024, Pontignano (Italy).

2023

Presentation titled: “New Horizons for Cooperation: The Role of Local Food Policies in Renewing Dialogue Between the Global North and South (Global South, International Cooperation)” with Egidio Dansero and Riccardo Bruno, within the conference of the Italian Society of Geographical Studies “BEYOND GLOBALIZATION: SOUTH”, 1–2 December 2023, Messina.

Presentation titled: “Socio-Spatial Analysis of Food Poverty in Turin: An Intercultural Comparison”, within the conference “Add a Seat at the Table”, 24–25 October 2023, Genoa.

Presentation titled: “Youth and Post-Pandemic: Adulthood Transitions and New Forms of Autonomy”, within the ESA RN-30 Mid-Term Conference: Youth in the Post-Pandemic, 20–22 September 2023, Cagliari.

Presentation titled: “Food Consumption and Sustainability: Consumer Representations and Territorial Supply”, within the ESA RN05 Mini Mid-Term Meeting: Bonding Beyond Boundaries, 28 August 2023, Bologna.

Presentation titled: “Foodscape and Food Poverty: The Case of Turin”, within the XXIII Meeting of Young Scholars - Sociology for the Person, 6–8 July 2023, Pontignano.

Presentation titled: “Punto al Cibo”, within the VI Periodical Meeting of the Fusilli Project, 26 June 2023, Turin.

2022

Presentation titled: “Foodscapes in Poverty: Healthy Food, Strategies and Representations”, within the XII Interdisciplinary Study Day “Beyond Globalization”, 9 December 2022, Como.

Presentation titled: “Socio-Spatial Analysis of Food Poverty: The Case of Turin”, within the AESOP 2022 Conference, 19–22 October 2022, Almere.

Presentation titled: “Socio-Spatial Analysis of Food Poverty: The Case of Turin”, within the SIDEA 2022 Conference, 30 September – 1 October 2022, Palermo.

Presentation titled: “Access to Food, Social Inclusion and the Fight Against Food Poverty”, within the 1st International Colloquium Food and Territory, 21 September 2022, Turin.

Talk titled: “Food Poverty in Turin”, within the International Festival of Economics, session “Paths of Social Justice: The Experience of the Barolo Food Hub”, 31 May 2022, Turin.

Presentation titled: “Food, Welfare and Foodscapes: A Study on the Right to Healthy Food in Turin”, within the international seminar Research Presentations on Food Poverty, 30 March 2022, Montpellier.

Talk titled: “Technical and Methodological Aspects in the Analysis of Food Poverty: The Case of Turin”, during the event “Food Pride Italia Tells Its Story”, 20 February 2022, Turin.

2021

Poster session at the European Researchers’ Night 2021, with the contribution “Pandemic and Youth”.

Presentation titled: “Food, Welfare and Foodscapes: A Study on the Right to Healthy Food in Turin”, within the “CCA Days” Summer School”, 16 June 2021, Turin.

Presentation titled: “Right to Healthy Food, Representations, and Foodscapes in Poverty: The Case of Associazione Eufemia”, within the Interdisciplinary Study Days on Food Spaces, Places, Landscapes, Regions, Territories, and Cross-Cutting Themes, 10 June 2021, online.

Scientific publications Classe A

Genova, C., Allegretti, V. (2024). Sustainable Food Consumption: Social Representations of Definitions, Drivers and Obstacles, *Sustainability*, 16, 1415. DOI: <https://doi.org/10.3390/su16041415>.

Allegretti, V. (2023). Foodscape and Survival Strategies: The Case of Turin, *Sociologia Urbana e Rurale*, Vol. 78 No. 3

Bertolini, S., Allegretti, V. (2019). Youth Policies and Welfare Systems: A Comparative Analysis (Italy, Greece, Bulgaria, Estonia), *Autonomie Locali e Servizi Sociali*, 42(3): 345–363. DOI: 10.1447/96698.

Scientific publications

Allegretti V., Toldo A. (2025). Una nuova prospettiva analitica sul welfare alimentare? Prime riflessioni sul caso di Torino, *Biblioteca della Libertà*, LIX. DOI: 10.23827/BDL_2024_23.

Toldo, A., Allegretti, V. (2024). Socio-Spatial Analysis of Food Poverty: The Case of Turin, *Italian Review of Agricultural Economics*, 78(3), 69–78. <https://doi.org/10.36253/rea-14709>.

Allegretti, V., Bruno, R. G., Propato, F. (2023). The Role of Civil Society in Bottom-Up Food Policy Making: The Experience of Punto al Cibo in Turin, *Re|Cibo – Journal of the Italian Network of Local Food Policies*, 2: 42–57.

Bertolini, S., Allegretti, V. (2023). New Meanings of Work Among Youth in Piedmont, *Politiche Piemonte*, vol. 81: 27–30.

Toldo, A., Allegretti, V., Arcuri, S., Pierri, M. (2023). Food Poverty, Right to Food and Local Food Policies: Early Critical Reflections, *Rivista Geografica Italiana*, Year CXX, Vol. 4: 133–151. DOI: 10.3280/rgioa4-2023oa16855.

Bertolini, S., Lucca, A., Allegretti, V. (2023). Youth and the Pandemic: Uncertainty, Gained Skills, and Strategies, *Youth and Globalization*. ISSN: 2589-5745.

Allegretti, V., Toldo, A. (2023). Socio-Spatial Analysis of Food Poverty in Turin, *Politiche Piemonte*, 78: 36–43. ISSN: 279-5030.

Allegretti, V. (2023). The Food PRIDE Italia Network: Good Practices to Combat Food Poverty and Waste, *Re|Cibo*, 1(2): 121–123.

Allegretti, V., Battisti, L., Cuomo, F., Dansero, E., Pettenati, G., Ravazzi, S., Toldo, A. (2022). The Evolution of Food Policies in Turin, *Re|Cibo*, 1: 40–54.

Allegretti, V. (2020). The Implementation of FEAD: Challenges and Opportunities in the Helping Relationship, *Prospettive Sociali e Sanitarie*, 49(4): 10–15.

Conference proceedings

Allegretti, V., Toldo, A., Genova, C. (2023). Socio-Spatial Analysis of Food Poverty: A Research in Turin, in *AESOP Sustainable Food Planning Group 2022 Proceedings*.

Allegretti, V., Fiore, C. (2022). Representations and Foodscapes in Poverty: The Case of Associazione Eufemia, in *SSG - Geocibo 2021 Conference Proceedings*.

Allegretti, V., Serhyeyeva, A., Toldo, A., Dansero, E. (2022). Strategies of Resistance and Resilience Against Urban Food Poverty During the Pandemic: Experiences and Reflections from the Turin Case, in *XI Edition of Beyond Globalization, Italian Society of Geographical Studies*.

Book and journal reviews

Allegretti, V. (2022). A Research Agenda for Food System, *Re|Cibo*, Journal of the Italian Network of Local Food Policies, 2.

Allegretti, V. (2022). Families and Food in Hard Times, *Re|Cibo*, Journal of the Italian Network of Local Food Policies, 1.

Other research reports

Toldo, A., Allegretti, V., Genova, C. (eds.) (2024). Report 4 – Food Atlas of Metropolitan Turin, *Unito Series*.

Toldo, A., Allegretti, V. (2024). Analysis of Food Poverty in Turin, in Report 4 – Food Atlas.

Allegretti, V., Fiore, C., Isernia, V. (2024). The “CibOfficina” and New Food Education for Adults in Difficulty, in Report 4 – Food Atlas.

Allegretti, V., Toldo, A. (2023). Changing Local Welfare: “Torino Solidale” and the Food Income, *Secondo Welfare*.

AA. VV. (2022). Turin Food Metrics Report, *Unito Series*. ISBN: 978-88-7590-2452.

Bertolini, S., Rasetti, C., Lucca, A. D., Allegretti, V., Giacardi, A., Scano, L. (2022). Youth and the Pandemic, Working Paper CLB-CPS 3/2022, Luigi Bobbio Center. ISBN: 9788875902254.

Editorships

Guest Editor for “Studi di sociologia”, 4/24, titled “Food consumption and sustainability. Social representations, public discourses and individual narratives”.

Language Skills

English: C1

French: B2

IT Skills

Advanced user of Microsoft Office Suite and main Internet browsers.
Good knowledge of statistical analysis software: STATA 17, SPSS, Excel.
Good knowledge of textual analysis software: N-Vivo.